

Phone Use Investigation:

You can use the screen time function on your phone to facilitate this investigation.

Or, you can just keep track manually!

While this is designed as a phone investigation, it would be helpful to do the same tracking for other devices like

computers, ipads, and gaming consoles.



	EXAMPLE	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
TIME	2 hr 34 min							
5 Most Used Apps	Photos							
	Nike Training							
	Messages							
	Chrome							
	Fitbit							
Pickups	62							

Reflections/Observations:									